**Amen Child/Teen General Symptom Checklist**

Name:___________________________________ Date: ____________

Parents please rate your child or teen on each of the symptoms listed below using the following scale. If possible, to give us the most complete picture, have the child or teen rate him/herself as well. For young children it may not be practical to have them fill out the questionnaire. Use your best judgment and do the best you can.

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<th>2</th>
<th>3</th>
<th>4</th>
<th>NA</th>
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<td></td>
<td>Never</td>
<td>Rarely</td>
<td>Occasionally</td>
<td>Frequently</td>
<td>Very Frequent</td>
<td>Unknown - Not Applicable</td>
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<tr>
<th></th>
<th>Child</th>
<th>Parent</th>
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<td>(____)</td>
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<tr>
<td>1.</td>
<td>depressed or sad mood</td>
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<td>2.</td>
<td>not as much interest in things that are usually fun</td>
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<td>3.</td>
<td>significant recent weight or appetite changes</td>
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<td>4.</td>
<td>recurrent thoughts of death or suicide</td>
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<td>5.</td>
<td>sleep changes, lack of sleep or marked increase in sleep</td>
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<td>6.</td>
<td>low energy or feelings of tiredness</td>
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<td>7.</td>
<td>feelings of being worthless, helpless, hopeless or guilty</td>
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<td>8.</td>
<td>plays alone or appears socially withdrawn</td>
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<td>9.</td>
<td>cries easily</td>
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<td>10.</td>
<td>negative thinking</td>
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<td>11.</td>
<td>periods of elevated, high or irritable mood</td>
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<td>12.</td>
<td>periods of very high self esteem or big thinking</td>
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<td>13.</td>
<td>periods of decreased need for sleep without feeling tired</td>
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<td>14.</td>
<td>more talkative than usual or feel pressure to keep talking</td>
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<td>15.</td>
<td>fast thoughts or frequent jumping from one subject to another</td>
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<td>16.</td>
<td>easily distracted by irrelevant things</td>
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<td>17.</td>
<td>marked increase in activity level</td>
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<td>18.</td>
<td>cyclic periods of angry, mean or violent behavior</td>
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<td>19.</td>
<td>periods of time when the child feels intensely anxious or nervous</td>
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<td>20.</td>
<td>trouble breathing or has feelings of being smothered</td>
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<td>21.</td>
<td>periods of feeling dizzy, faint or unsteady on your feet</td>
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<td>22.</td>
<td>periods of heart pounding, fast heart rate or chest pain</td>
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23. periods of trembling, shaking or sweating
24. periods of nausea, abdominal upset or choking
25. intense fear of dying
26. lacks confidence in abilities
27. needs lots of reassurance
28. needs to be perfect
29. seems fearful and anxious
30. seems shy or timid
31. easily embarrassed
32. sensitive to criticism
33. bites fingernails or chews clothing
34. persistent refusal to go to school
35. excessive fear of interacting with other children or adults
36. persistent, excessive fear (heights, closed spaces, specific animals, etc.)
   please list: ______________________________________
37. excessive anxiety concerning separation from home or person.
38. recurrent bothersome thoughts, ideas or images which you try to ignore
39. trouble getting "stuck" on certain thoughts, or having the same thought over and over
40. excessive or senseless worrying
41. others complain that you worry too much or get "stuck" on thoughts
42. compulsive behaviors that you must do or you feel very anxious, such as excessive hand washing, cleaning, checking locks, or counting or spelling
43. needing to have things done a certain way or you become very upset
44. recurrent and upsetting thoughts of a past traumatic event (molest, accident, fire, etc)  please list: _______________________________
45. recurrent distressing dreams of a past upsetting event
46. feelings of reliving a past upsetting event
47. spend effort avoiding thoughts or feelings related to a past trauma
48. feeling that your future is shortened
49. startle easily
50. feel like you're always watching for bad things to happen
51. refusal to maintain body weight above healthy levels.
52. intense fear of gaining weight or becoming fat even though underweight
53. feelings of being fat, even though you're underweight
54. recurrent episodes of eating large amounts of food
55. a feeling of lack of control over eating behavior
56. eliminates food, such as self induced vomiting, laxatives, strict dieting or strenuous exercise
57. persistent worry with body shape and weight
58. involuntary physical movements or motor tics (such as eye blinking, shoulder shrugging, head jerking or picking).
59. involuntary vocal sounds or verbal tics (such as coughing, puffing, blowing, whistling, swearing).
60. repetitive, motor behavior (e.g., hand shaking or waving, body rocking, head banging, mouthing of objects, self-biting, picking at skin)
61. passage of feces or urine in inappropriate places (e.g., clothing or floor).
62. bed wetting. If present, how often?__________
63. failure to speak in social situations despite speaking in other situations
64. delusional or bizarre thoughts (thoughts others would think are false)
65. visual hallucination, seeing objects or images that are not really present
66. hearing voices that are not really present
67. odd behaviors: List: _______________________________________
68. poor personal hygiene or grooming
69. inappropriate mood for the situation (i.e., laughing at sad events)
70. frequent feelings that someone or something is out to hurt you
71. problems with social relationships before the age of 5
72. multiple changes in caregivers before the age of 5
73. steals
74. bullies, threatens, or intimidates others
75. initiates physical fights
76. cruel to animals
77. force others to do things they do not want to do
78. sets fires
79. destroys property
80. breaks in to others home, school, car or place of business
81. lies
82. stays out at night despite parental prohibitions
83. runs away overnight
84. cuts school
85. doesn’t seem sorry for hurting others
86. negative, hostile, or defiant behavior
87. loses temper
88. argues with adults
89. actively defies or refuses to comply with adults’ requests or rules
90. deliberately annoys people
91. blames others for his or her mistakes or misbehavior
92. touchy or easily annoyed by others
93. angry and resentful
94. spiteful or vindictive
95. problems with communication in at least one of the following:
   a. the development of spoken language
   b. the ability to initiate or sustain a conversation with others
   c. repetitive use of language or odd language
   d. lack of varied, spontaneous make-believe play or social imitative play
96. problems with social interaction, in at least two of the following:
   a. use of nonverbal behaviors such as eye-to-eye contact, and gestures.
   b. peer relationships appropriate to developmental level
   c. spontaneous seeking to share enjoyment, interests, with other people
   d. lack of social or emotional "give and take"
97. repetitive behavior, interests, and activities, in one of the following:
   a. preoccupation with an area that is abnormal
   b. rigid adherence to specific, nonfunctional routines or rituals
   c. repetitive motor mannerisms (e.g., hand or finger flapping or twisting)
   d. persistent preoccupation with parts of objects
98. stutters
99. feels tired during the day
100. problems with chronic anxiety or tension